

Contact: Tim Moore
Bahá'í Publishing
Phone 847-425-7964
Fax 847-425-7951

415 Linden Avenue
Wilmette, IL 60091-2886
www.us.bahai.org
tmoore@usbnc.org

Bahá'í Publishing

Press Release

Feeling Disconnected? New Book Reveals Spiritual Ties Between Self, Family, and Community

A Wayfarer's Guide describes a journey to fulfillment

WILMETTE, IL October 8, 2002: Is spiritual development simply a personal matter, or can it translate into a better connection with our families and communities? In turn, how does the outside world act on us spiritually? Author Joseph Sheppherd answers these fundamentally important—but seldom asked—questions in ***A Wayfarer's Guide to Bringing the Sacred Home*** (Bahá'í Publishing, \$14.95, soft cover, ISBN 1-931847-02-9). The book explores issues that shape our lives and the lives of those around us: the vital role of personal transformation in spiritual growth, the importance of spiritual training in raising children, the divine purpose of marriage and family, and processes for building strong communities.

“Each of us brings a variety of things home in the course of our lifetime,” Sheppherd writes, “both to the house in which we dwell and the home within our heart.” Not only material things, but also ideas, attitudes, and ways of looking at our loved ones, neighbors, humankind, and ourselves. ***A Wayfarer's Guide*** offers a fresh perspective on human spiritual needs, presenting practical steps for bringing God into one's life, building family unity, ensuring marital harmony, raising children spiritually, uniting with each other and the world, achieving gender equality, working toward racial unity, and serving others.

Joseph Sheppherd is an anthropologist and writer interested in practical applications of spiritual and cultural insights. His works include *The Elements of the Bahá'í Faith*, *The Island of the Same Name*, *Mama Buzurg Is Coming*, *Guebe and the Toy Truck*, and *A Leaf of Honey and the Proverbs of the Rain Forest*. He and his wife, Jan, live in Bend, Oregon.

To receive a review copy of ***A Wayfarer's Guide to Bringing the Sacred Home*** or to schedule an interview or author event with Joseph Sheppherd, please contact Tim Moore, Bahá'í Publishing sales and marketing manager, at 847-425-7964. E-mail: tmoore@usbnc.org.